

11-11-2016

## Iowa State Daily (November 11, 2016)

Iowa State Daily

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# LOFTY EXPECTATIONS

After losing key players, high bar remains

By Luke Manderfeld  
@iowastatedaily.com

The Iowa State men's basketball team may have been a bit overlooked this season.

At least, that's what Naz Mitrou-Long thinks. But he's not surprised.

After a season in which the Cyclones lost to No. 1-seed Virginia in the Sweet 16 of the NCAA Tournament, Iowa State enters the 2016-17 season ranked No. 24 in the Associated Press preseason poll and is projected to finish fourth in the Big 12 preseason coaches poll.

Iowa State lost three starters from last season — Abdel Nader, Jameel McKay and Georges Niang — and the question

of how healthy Mitrou-Long is after recovering from hip surgery still hangs in the air with national basketball pundits.

So, Mitrou-Long understands why the Cyclones may be a bit underrated, but he embraces it.

"We lost three big pieces," Mitrou-Long said at the team's media day on Oct. 12. "And when people look at us, they think we're small. We lost a lot of scoring, and a guy like myself who is old and injured: What can he do? I like that. I love that. It makes people play with a chip on their

EXPECTATIONS p8

Naz Mitrou-Long  
Max Goldberg/Iowa State Daily  
returns for fifth year.

# A day to honor veterans

ISU community shares meaning of Veterans Day

By Emily Schroer  
@iowastatedaily.com

Whether people have a direct connection to the military or not, Veterans Day is day for people to honor the men and women who have served or are currently serving their country.

Individuals in the Iowa State community shared how they are celebrating Veterans Day and what it means to them.

Amy Bainum Emmett, economics graduate coordinator at Iowa State, has a personal connection to the military. Her husband is currently serving in active duty.

"I think it's extremely important that we take even one day [to celebrate]," Emmett said. "It's the least we can do. I think it's very important for all ages, from kindergarten through high school and adults and everyone."

Kevin Ossler, sophomore in marketing, also shared his thoughts on celebrating Veterans Day.

"We always need to appreciate the soldiers and those who died so we could maintain freedom," Ossler said.

Emmett and Ossler discussed how they felt about people showing disdain toward members of the military.

"It hits home for me," Emmett said. "My husband is in the military. His brother and his sister and her husband are in the military, so many members of my husband's family are in the military. My dad served in Vietnam, so I definitely think it's very important for people to understand that the military sacrifices a lot for the freedoms we have on a college campus and in our daily lives."

"I think it's not right for people to speak badly at military service members."

Lindsey Hildebrand, senior in psychology and battalion executive officer for the Iowa State ROTC program, also spoke about her feelings about the disrespect toward

VETERANS p8



Presentation of the colors by the ROTC kick off the Gold Star Hall ceremony Monday in the Memorial Union.

Lyn Keren/Iowa State Daily

## Enduring Vietnam

By Andria Homewood  
@iowastatedaily.com

With the celebration and remembrance that is being talked about leading up to Veterans Day, many people have been talking about the Vietnam War, which has been in the history books for more than 60 years.

James Wright, former president of Dartmouth College and a marine veteran, presented his lecture, "Enduring Vietnam: Reflections on a War and Those Who Served," to an audience of about 300 people on Thursday as part of the National Affairs Series at Iowa State.

Wright started the lecture by addressing the audience about how we must remember the stories of the veterans who were killed in combat. He explained that veterans who survived the combat will never forget the memories of war, and shouldn't, because it's their duty to share their stories.

"After the shooting stops, we still have the lingering question: Who tells the story?" Wright said.

Wright became one of those people who shared the veterans' stories, after deciding that he needed to write about the 242 young men whose faces were published in a LIFE magazine after they were sent to Vietnam.



Jackie Norman/Iowa State Daily  
Marine veteran James Wright gives a lecture on "Enduring Vietnam" on Thursday.

"They looked so confident. They looked so young," Wright said. "They were never recognized for what they really were: scared kids."

After writing about the generation that was born into the era that the Vietnam War controlled, he decided to go to Vietnam. He said he didn't want to visit the tourist spots, but instead the areas where the U.S. troops had fought and where many had died.

He visited Vietnam late in the summer of 2014 to tour the land where the U.S. troops fought. He visited the Mekong Delta in a small boat and shared that they were small and scary.

"I could truly understand why the young men who patrolled the canals found them to be scary," Wright said.

He also climbed Hamburger Hill, remembering that he slipped and had a hard time climbing it. He said he could only imagine how the young troops felt when they had to climb the same hill in 1969.

He shared stories about the people he interviewed, including stories from veterans and family members of men who died in Vietnam.

He shared a story about a young Minnesota man who was injured on Hamburger Hill and sang "Swing Low, Sweet Chariot" as he was carried to the bottom of the hill to get medical aid. That young man died before he got to the bottom of the hill.

He also shared the story of an Ottumwa, Iowa, man who got to meet and hold his baby before he was sent to Vietnam, where he was killed months later.

Many veterans of the Vietnam War attended the lecture. They were applauded for their service. Wright even received a standing ovation.

Students also attended the lecture to hear Wright's point of view on the war.

VIETNAM p8

A look at the resources Iowa State provides for veterans on campus

By Emily Barske  
@iowastatedaily.com

Veterans Day has been celebrated since Nov. 11, 1918 — the end of World War I, according to military.com. Here's a few things to know about veterans at Iowa State.

### VETERANS AT IOWA STATE

- 1,800+ military-affiliated students are at Iowa State
- 358 National Guard students for 2015-16
- 210 ROTC students
- Iowa State is the only institution in Iowa with Army, Navy and Air Force in one place
- 78 percent of Iowa State student veterans are Iowa residents
- Top 10 majors: criminal justice, kinesiology and health, pre-business, mechanical engineering, aerospace engineering, electrical engineering, computer engineering, history, psychology and agricultural business

### THE VETERANS CENTER

- Location: 3578 Memorial Union
- Mission: strengthen the lives of Veterans, military personnel, their families and our community

### WEEKLY EVENTS

- Wednesdays (except over breaks) — free and confidential counseling for veteran and military students at the Veterans Center
- Thursdays (except over breaks) — free dinner in a social setting for veteran and military students from 6 p.m. to 7 p.m. at the Memorial Lutheran Church Student Center at 2228 Lincoln Way
- Jathan Chicoine, veterans services coordinator for the Veterans Center, said the Veterans Center focuses on programming for all of those affected by the veteran's experience.
- "Beyond providing a space and programing focused on our veterans, we try to create opportunities where those who might feel removed from veterans' issues can join us in ways that might facilitate deeper empathy and understanding for the sacrifice and services that veterans make for all of us," Chicoine said.

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WEATHER



FRIDAY  
Partly Cloudy.

53  
26

Weather provided by ISU American Meteorological Society

POLICE BLOTTER

The information in the log comes from the ISU and City of Ames police departments' records.

All those accused of violating the law are innocent until proven guilty in a court of law.

Nov. 9

An individual reported the theft of a bicycle at 2101 Oakwood Rd.

An officer checked on the welfare of an individual at Martin Hall.

An individual reported damage to a vehicle in Lot 201D.

An officer investigated a property damage collision in Lot 6.

An officer investigated a property damage collision in Lot B1.

An officer investigated a property damage collision at Larch Hall.

CALENDAR

Nov. 11

**Women's basketball**  
Noon, Hilton Coliseum  
Iowa State vs. California, Santa Barbara. Cost: \$5-\$12.

**Paint Your Own Pottery: Let it Snow**  
4 p.m. to 8 p.m., The Workspace Baby, it's cold outside! Warm up with a snowman mug, adorn with ornaments and embrace the season with reindeer and other woodland friends. We will show you the basics of painting your piece, and then we will fire it within a week for you to come pick up. Studio fee is \$4 for ISU and \$5 for public to attend, plus the cost of the bisque you select. Open to all ages if accompanied by an adult.

**Cyclone Cinema: Suicide Squad**  
7 p.m. and 10 p.m., Carver 101  
The Student Union Board presents Cyclone Cinema! Showings are free every Thursday, Friday, Saturday, and Sunday.

**Men's basketball**  
7 p.m., Hilton Coliseum  
Iowa State vs. Savannah State.

**Men's hockey**  
7:30 p.m., Ames/ISU Ice Arena  
ISU vs. Ohio University (American Collegiate Hockey Association). Cost: \$5-\$10.

Musical: Cabaret

7:30 p.m. to 10 p.m., Fisher Theater  
"No use permitting some prophet of gloom to wipe every smile away. Life is a Cabaret, old chum; come to the Cabaret." The Nazi party is rapidly rising to power in Germany, but Sally Bowles, a singer in the Kit Kat Klub, an underground nightclub in Berlin, does not really notice. She has plans to be an actress or to find a wealthy man to marry her. Her instincts are to live in the moment and not take anything very seriously. The Master of Ceremonies at the club is also determined to keep the entertainment and fun going even though despair and the end of their world may be at hand. Warning: Adult content. Adults \$24; students \$16.

**The Lonely Biscuits**  
9 p.m., M-Shop  
The Lonely Biscuits are an alternative rock band hailing from Nashville, Tennessee. The band is comprised of Grady Wenrich (vocals, guitar), Sam Gidley (drums), and Nick Byrd (bass). The Lonely Biscuits formed in August 2011 at Belmont University, where Grady Wenrich and Sam Gidley were roommates. Bassist Nick Byrd lived on the same floor and joined the band in January 2012.

**All event information is courtesy of the Iowa State University event calendar at event.iastate.edu.**

SNAPSHOT



Katlyn Campbell/Iowa State Daily

STUDENTS PRACTICE MINDFULNESS

Students and Ames community members meet Thursday in the Great Hall of the Memorial Union for a mass yoga session hosted by the Health Promotion Club at Iowa State.

ISU students to protest

By David Perrin  
@iowastatedaily.com

Not My President. Students all over the country have banded together to peacefully and not so peacefully protest 2016 President-elect Donald Trump.

"There's a lot of hate going on around the nation," said Itzel Padrón Zuñiga, senior double majoring in women and gender studies and sociology. "We're going to have to do a lot of work to get past some of the things that will happen during this presidency."

A protest titled "Not My President" will take place at noon Friday for all of those who are against Trump's political agenda.

The protest will take place on Central Campus at the "Border Crossing" sculpture — behind LeBaron Hall — and is wel-

come to everyone.

Zuñiga and a few comrades organized the protest in response to anti-Trump protests happening in other states.

"We saw people standing together and that was very powerful," Zuñiga said. "One of the purposes [of the protest] is for people to see how powerful it can be when we all stand together and realize that [Trump's presidency] is not affecting a single nationality. It's affecting millions of people."

Zuñiga attended Wednesday's post election talk that took place in the Multicultural Center.

She found that students in attendance sought organization and wanted to protest.

"He's promised that he will deport [people] crack down on certain things that will be really impact-

ful," Zuñiga stated. "Part of [the protest] is to create space for people who are being affected right now."

In addition to the protest, a meeting will take place to plan and organize future endeavors against Trump and his agenda.

The meeting will take place on the same day of the protest at 6 p.m. in 2245 Coover Hall.

The protests on campus follow a protest in Des Moines on Thursday and numerous protests nationwide after the election of Trump in Tuesday's presidential election.

Trump's upset comes after over a year of campaigning where he often drew scrutiny for comments about minority groups.

Clinton conceded defeat to Trump Wednesday.

SNAPSHOT



Max Goldberg/Iowa State Daily

UNIVERSITY BEGINS HOLIDAY DECORATING

With the holiday season quickly approaching, crews start to decorate one of the pine trees on Central Campus with lights Thursday morning.

DIGITAL CONTENT

NEWS

DES MOINES TRUMP PROTEST

After a night of protests nationwide, Des Moines residents protested the election of Donald Trump in Des Moines Thursday. Look for photos online.

MULTIMEDIA

SNAPISU PHOTO GALLERY

More of our featured photos of the week from our visuals team are available online. Look for a gallery under the Multimedia tab.

SPORTS

IOWA STATE WRESTLING

Iowa State wrestling hopes Harold Nichols Cyclone Open will solidify their lineup. Look for a preview on our website under Sports.

SPORTS

MEN'S CROSS COUNTRY

The men's cross-country team is looking to continue its season success as it travels to Iowa City for the NCAA Regional meet Friday. Look for the preview online.

LIFESTYLE

STUDENTS ON TATTOOS

To some, a tattoo may just be an ink accessory on skin, but to others, they're so much more. Students talk about what tattoos mean on our website.

MULTIMEDIA

BRINGING ART TO THE AGORA

Paul Wislowski is a traveling artist who uses oil pastels and bedsheets to spread the word of God. Watch our video on our website.

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

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PERIODICALS POSTAGE





A protester holds out a “dump Trump” sign while other protesters pass by Thursday afternoon. The protest started at the Iowa State Capitol and went through downtown Des Moines. More than 200 people were in attendance.

# Anti-Trump protesters take a stand near State Capitol

By Jenna.Hrdlicka,  
@iowastatedaily.com

**DES MOINES**—Various passing cars honked in support as over 200 Anti-Trump protesters gathered near the Iowa State Capitol Thursday evening.

The crowd of students, teachers, families and community members alike congregated on the steps of the building in Des Moines to show their opposition to President-elect Donald Trump and to many of the values and goals expressed by the Trump campaign.

Leah Waller, a 20-year-old DMACC student, organized the event after she had been watching news coverage of various protests around the country and realized that none were being held in Des Moines. She knew that although nothing had happened yet, many people in the city wanted to express their opposition.

“I know a lot of people are angry about [the election], and I wanted to [give them] the chance to come together,” she said.

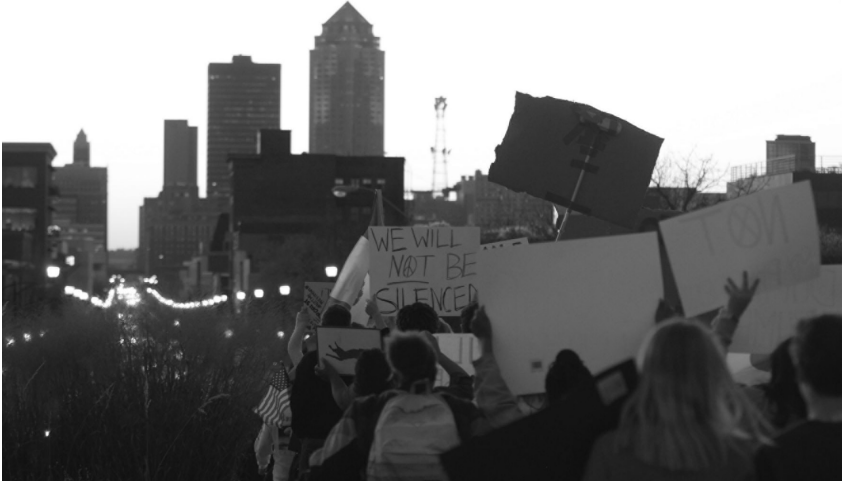
Keeping the event peaceful was a priority of Waller’s.

“To everyone bringing signs- please refrain from using hateful language because we want to focus on coming together and spreading positivity,” the Facebook page read.

“I’m hoping that we can lead by example,” Waller said. “I feel like right now there is just so much hate going around—our goal with this is to have a peaceful assembly for people to feel like a community and to get to know each other.”

The crowd stood together on the steps of the Capitol and listened to the thoughts, worries and personal stories of various individuals before taking to the streets to march.

Some of these individuals spoke about the fear they feel for themselves, their family members, their friends and the country, and others urged the group



Protesters march toward downtown Des Moines from the Iowa State Capitol on Thursday.

to spread love, take action and become activists during the next four years.

“I am not only here because I’m an advocate and a friend of minority populations [and the] LGBTQ community, but I’m also here as a STEMist—science/technology/engineering/math,” said Kimberly Jones, a Des Moines community member. “[Trump] represents a threat to not only the minority population and to the LGBTQ community, but he [also] represents a threat to the foundations of the [STEM] community.”

Another protester thanked the crowd for being there and shared his fear for his family’s future.

“I am a husband and a daddy—to two first-generation immigrants—and Trump represents a threat to them directly, and I just can not abide by that,” he said.

A Roosevelt High School student told the group, “I went home and I was crying the day after the election and I told my mom, ‘Mom, I don’t want to be afraid to be a young woman in America.’”

“Are we going to be afraid of Donald Trump?” she asked the crowd. “No,” the group responded.

“No, we are going to act against Donald Trump. We are going to fuel our hatred and our fear, and we’re going to make change. We’re not going to let this bring us down,” she said.

Another protester shared her reason for joining the group as well.

“I am not in favor of the president-elect, but I’m against Mike Pence as well. Having Trump and Pence as president and vice president is scary, especially being a member of the LGBT community,” said Deni Baird, a high school senior in Des Moines. “He’s very much against that. We just got marriage equality, and the fact that that can be taken away and go back to the way it was is scary.”

“Coming out was honestly one of the hardest things, and trying to suppress [who you are] is not easy.”

The group then marched several blocks around East Village in Des Moines, ending at the Capitol.

As the protesters marched and stood in front of the Capitol, various cars either stopped to let the entire group cross intersections or honked in support.

“This makes me so proud of our community,” said Dylan Scroll, a protestor and Des Moines community member.



Donald J. Trump speaks at the Hansen Ag Center on Jan. 19.

# Trump meets Obama, starts to prepare for move

By Alex.Hanson  
@iowastatedaily.com

President-elect Donald Trump met with President Barack Obama on Thursday morning for the first time, as the two begin to work toward a peaceful transition of power.

Trump, who after nearly 15 months of campaigning across America for his seat in the Oval Office, beat out rival Democrat Hillary Clinton Tuesday night in an unprecedented, unexpected race upset.

And now, with less than 70 days until Trump is inaugurated on Jan. 20, 2017, the former business mogul must learn the inner workings of the White House and the United States.

In a meeting at the White House, Trump said it was his “honor” to meet with Obama. The two talked domestic and foreign policy, along with the logistics of setting up a new president in the White House.

“Most of all, I want to emphasize to you, Mr. President-elect, that we now are going to want to do everything we can to help you succeed — because if you succeed, then the country succeeds,” Obama said.

Future First Lady Melania Trump also met with First Lady Michelle Obama, Obama said.

“We discussed a lot of different situations, some wonderful and some difficulties,” Trump said. “I very much look forward to dealing with the president in the future, including counsel. He explained some of the difficulties, some of the high-flying assets and some of the really great things that have been achieved.”

And moving forward, Trump now has the opportunity to enact many of the promises he made to voters while on the campaign trail, which included repealing Obamacare, reforming the “entire regulatory code” and to cancel Obama’s “illegal and overreaching” executive orders.

The presidential transition site for Trump and Vice President-elect Mike Pence, the governor of In-

diana who will now be first in line to the presidency, has been established at [www.greatagain.gov](http://www.greatagain.gov).

The site lists three policy areas a Trump administration plans to pursue — “Making America Secure Again,” “Getting America Back to Work Again” and “Government for the People Again.”

Immigration may have propelled Trump to the top among conservative voters, as he promised to build a physical wall on the southern border and make Mexico pay for it. The website lists a 10-point plan on immigration, which includes building a wall, ending catch and release, zero tolerance rules, ending sanctuary cities and reforming legal immigration.

The site also lists defense and national security and energy independence under Making America Secure Again. Tax reform, regulatory reform, trade reform, transportation and infrastructure and financial services reform are listed under Getting America Back to Work Again.

Trump has rarely talked education reform, but the transition site says the new administration “will advance policies to support learning-and-earning opportunities at the state and local levels.”

His plan includes “high-quality early childhood, magnet, STEM or theme-based programs; expansion of choice through charters, vouchers, and teacher-driven learning models; and relief from U.S. Department of Education regulations that inhibit innovation.”

As for higher education, a Trump administration plans to make the cost of college “more affordable and accessible through technology-enriched delivery models.”

Also listed on the site: a plan to repeal Obamacare, reform to the Veteran’s Administration and protecting constitutional rights.

After his visit at the White House, Trump met with Republican leadership on Capitol Hill. Trump reportedly affirmed his support for the goals listed on his website in the meeting.

# IRHA hears presentations, funds Jingle Jog

By Alex.Connor  
@iowastatedaily.com

The Inter-Residence Hall Association heard presentations from university staff on Geoffrey Hall and proposed residence fees during its weekly Thursday meeting.

IRHA also funded a bill that would allocate \$1,500 to funding “Freshman Council’s Philanthropic Fun-Run for Dorm Dwellers” also called Jingle Jog, which kicks off Winterfest in early December.

Brittany Rutherford, program coordinator with campus dining services, asked for feedback from IRHA on a “Wood Wall Inscription” that would be placed near the hall desk in Geoffrey Hall.

The “Wood Wall Inscription” would consist of four logs from trees that were previously in the location of the new residence hall, and the logs would be laser-



Inter-Residence Hall Association members convene at meeting in October.

cut to have text “float across all four of them.”

Some of the quotes suggested for the inscription include the “Bells of Iowa State” and several sentiments from George Washington Carver.

“This is an opportunity for some of you in the system to get in and say this is we want for the community,” Director of the Department of Residence Pete Englin said.

IRHA compiled a work group to get back to Rutherford on what

they would like to see.

Lynn Jones, a business manager for the residence halls and Lisa Ludovico, a program coordinator for the residence halls, also introduced to IRHA residence hall rate proposals for the Fiscal Year 2018, which includes a possible 3 percent increase for the residence halls, Frederiksen Court and SUV. Off-campus leased apartments are looking at a proposed 2 percent increase, as well.

Jones also shared with IRHA

that Iowa State will not be renewing leases on 328 beds in off-campus apartments west of South Dakota.

Several IRHA parliament members had questions on the proposed increases, such as where the money is distributed and the need for increases.

“We look at all the increases in our expenses and we come down to what we call a mandatory cost increase,” Jones said.

Ludovico also discussed the current state of projects around Iowa State.

“We have things in there like technology ... new projectors, televisions. ... We try to make sure that as we’re going through our plan, we look at the need of all our facilities and address the most immediate needs first,” Ludovico said.

On the annual Jingle Jog run, which was passed 27-1-0, proceeds from the event will go to-

ward an annual scholarship of a Freshman Council alumnus, Andy Albright.

The run is currently less than a 4k and will celebrate its 10th anniversary this year. The bill funding Jingle Jog was also passed 27-1-0.

A parliament order was also introduced to IRHA that would add more accountability in the process of transferring funds outside of the organizations.

During the open forum, U4Uganda, an organization that promotes education in Uganda by raising money to build desks, came and spoke to IRHA, asking if they could collect cans from the residence halls.

“Initially going to walk around residence halls, but could work something out with sustainability chairs that would work well, too,” Nicholas Malone, president





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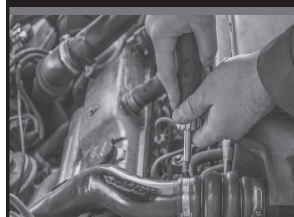
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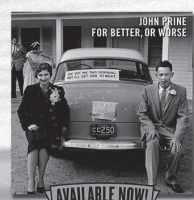
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Iowa State cornerback Jomal Wiltz tackles Kansas wide receiver Tre' Parmalee Oct. 3, 2015, at Jack Trice Stadium. The Cyclones will play at Kansas on Saturday in a matchup of two 1-8 teams. Both teams will be looking for their first conference win of the season.

# EMERGING FROM THE CELLAR

## Iowa State, Kansas to square off in matchup of last-place Big 12 teams

**By Ryan.Young**  
**@iowastatedaily.com**

It's not the sexiest game on the college football slate this weekend.

When looking at the schedule at the beginning of the season, it's not a game fans bat an eye at. But now, 11 weeks into the season, the game is finally here.

Iowa State (1-8, 0-6 Big 12) will take on Kansas (1-8, 0-6 Big 12) at 11 a.m. Saturday in Lawrence, Kansas. While the game features two teams that round out the bottom of the Big 12 standings and two teams that finished at the bottom of the conference last season as well, it's not necessarily going to be a sloppy game.

"I think the reality for us is you look at this Kansas team, we watched a little bit of them a year ago, and they're a completely different football team," coach Matt Campbell said. "They're so well improved."

Sure, Iowa State and Kansas have the exact same record this season, but Campbell knows he can't overlook the Jayhawks like some fans might.

Kansas coach David Beaty feels the exact same way.

"They are a lot better than 1-8," Beaty told KUSports.com this week. "They are the best 1-8 team in the country, maybe one of the best 1-8 teams you ever have seen."

When looking at the numbers, Beaty isn't wrong. Iowa State has had several close calls with Big 12 opponents this season. It led Baylor — one of the Big 12's best — in the fourth quarter back in October. The next week,

Game Info
Iowa State (1-8, 0-6 Big 12) at Kansas (1-8, 0-6 Big 12)
Saturday   11:00 a.m.
Memorial Stadium   Lawrence, Kansas
Watch: FSN
For updated info, follow @RyanYoung44, @LukeManderfeld and @BrianMozey on Twitter.

Iowa State nearly knocked off Oklahoma State before slipping in the final quarter.

And, last Thursday, the Cyclones nearly mounted a comeback against then-No. 12 Oklahoma before falling by a mere 10 points.

Overall, Iowa State's average margin of defeat in the Big 12 is just 11 points. By comparison, Kansas lost to those three opponents by a combined 119 points. In total, the Jayhawks have averaged a 30-point loss to conference foes this season.

But regardless of how Kansas has done so far this season, Campbell said he still sees a lot of obstacles, especially up front on the defensive line.

"You look at their defensive line, probably one of the better defensive lines we've played

against to be honest with you so far this season," Campbell said. "There [are] a lot of challenges out there. I think they kind of jump off the film in some ways."

The Jayhawks have faced questions at quarterback this week, too. Last week against West Virginia, quarterback Montell Cozart suffered a head injury and was put into concussion protocol after his head crashed into the turf. Redshirt freshman Carter Stanley took his place against the Mountineers and went 9-of-11 for 127 yards and 2 touchdowns.

Although Beaty said the Jayhawks were still in "competition mode" to decide who would be the starter Saturday, he was impressed with how his backup was able to step in.

"I think his commitment to being prepared is what helped him step in the other day and play well, and he sparked us," Beaty told KUSports.com. "I was really, really impressed with the fact that he came in, just he started right off the bat. He knew where all of his answers were."

In reality, though, it doesn't matter who Kansas puts out on the field Saturday. Iowa State has a bigger goal in mind. Not only will the Cyclones attempt to get their first conference win of the season, but they're looking for their first conference road win since beating West Virginia in 2013.

"They're a football team that presents plenty of challenges — a lot of challenges for our football team, and I think our kids see that when you turn the film on and you watch this team play right now," Campbell said.



Kyle Heim/Iowa State Daily  
Iowa State women's cross-country runner Perez Rotich, second from left, competes in the 2014 Big 12 Championship in Lawrence, Kansas.

# Iowa State keeps focus on nationals

**By Kyle.Heim**  
**@iowastatedaily.com**

The Iowa State women's cross-country team has a chance to qualify for its eighth straight NCAA Championship on Friday, but getting there is just the beginning.

With a Big 12 Championship, several wins against top-ranked opponents and a group of runners who seem to improve after each competition, the team is more focused on what will happen at nationals than how to get there.

"Regionals is obviously very important, but we actually had a pretty tough workout [last] Friday, so coach [Andrea Grove-McDonough] is telling us we might not feel super fresh for Friday's race," sophomore Anne Frisbie said. "But she said the bigger picture is nationals. That's the race she cares the most about."

The Cyclones have been waiting to return to the biggest stage in women's collegiate cross-country ever since the end of last season, and Grove-McDonough's season-long quest to prove that the team is back in a big way after last season's disappointing finish is going according to plan.

The Cyclones finished in the top 10 in one of the biggest non-postseason meets, the Nuttycombe Wisconsin Invitational, regained their position atop the Big 12 and have stayed mostly healthy and injury-free throughout the season.

The wait for nationals is nearly over, but there is still plenty of work to be done. Iowa State needs to finish inside the top two at the NCAA Midwest Regional on Friday to earn an automatic invitation. If it doesn't, it will have to rely on an at-large bid to get in.

"I don't want to get too tricky," Grove-McDonough said. "We want to go out and run solid and make sure we safely

advance, but we are also one of the lucky teams that if we were to somehow not finish inside the top two automatic qualifying spots, we have enough head-to-head wins, enough accumulated points in the system that we're going to be fine and we'll get an at-large bid."

The focus for Grove-McDonough's squad is to get in there, take care of business and prepare for Terre Haute, Indiana, the site of the National Championship.

"[I'm] not feeling a whole lot of pressure, other than, you know, there's always that suppose you never know," Grove-McDonough said.

The Cyclones were ranked No. 2 in the most recent U.S. Track and Field and Cross Country Coaches Association Midwest regional rankings that were released on Oct. 31. But the team was No. 12 in the Nov. 1 national poll, which is the highest ranking among Midwest regional teams.

Iowa State's biggest threat at the meet appears to be No. 17 Oklahoma State, which finished seventh at last year's NCAA Championship and has a similar team this year.

"You have to assume eventually [Oklahoma State is] going to get it together," Grove-McDonough said before the Big 12 meet two weeks ago.

The Cyclones will also run against Minnesota, which is ranked No. 26 in the national coaches poll.

Grove-McDonough said early in the week that she has been considering not running one of her top five runners Friday so everyone isn't on short rest if the team qualifies for nationals.

"If we sit one of those girls, we also would like to not go to the well, so to speak, and run ourselves ragged," Grove-McDonough said. "You know, you have six days recovery for the national meet."

# ISU upset seekers get rematch with Texas



Maddie Leopardo/Iowa State Daily  
Sophomore outside hitter Jess Schaben, junior outside hitter Alexis Conaway and redshirt junior middle blocker Samara West put up a triple block against West Virginia on Nov. 2.

**By Sean.Sears**  
**@iowastatedaily.com**

Almost one month ago, Iowa State volleyball traveled to Austin, Texas, to face then-No. 4 Texas in what seemed like an imminent slaughtering for Iowa State.

But coach Christy Johnson-Lynch made a crucial tactical shift to a 6-2 formation, and her Cyclones took the Longhorns to a surprising five sets in a loss.

And while the team still lost, the match against Texas might have been the most important of the season for Iowa State. Since that Oct. 8 match, Iowa State has gone 8-1 and is currently on a season-high five-game winning streak.

With now-No. 6 Texas coming to Ames at 4 p.m. Saturday, Iowa State is hoping for some Hilton Magic and an upset.

"Now they come to our home, and I feel like good things are going to happen," Hali Hillegas said.

Texas has three dominating players in its front row, headlined by freshman outside hitter Micaya White, who has 353 kills.

Iowa State knows it must slow her and the rest of Texas' front row to have chance of upsetting the Longhorns.

"If we give them easy balls, they're going to take advantage of them," junior Alexis Conaway said. "But if we can serve tough, get them out of system, so they can't get the ball to her cleanly."

Serving has been the biggest inconsistency for the Cyclones this season, and Johnson-Lynch has said the team is continually practicing high-pressure situations to try and simulate a real-game moment.

Setter Suzanne Horner has

struggled this season to find a consistent serve, but when she can serve well, she is one of the best on the team.

"It has taken me a while this season to get a real feel for my serve," Horner said. "In the last couple of matches, I have been in more of a rhythm."

In the passing weeks since Iowa State faced Texas, the team has been working hard to perfect its 6-2, and now the Cyclones feel an upset is coming. The Longhorns will enter Hilton Coliseum on Saturday and play in what should be an amped-up crowd of Cyclone fans.

Hillegas said a win against Texas would be the "highlight" of their season, and Hillegas, who is usually even-keeled, said she might just let the moment get to her.

"Who knows? I might even celebrate on the court," she said.



2017-2018

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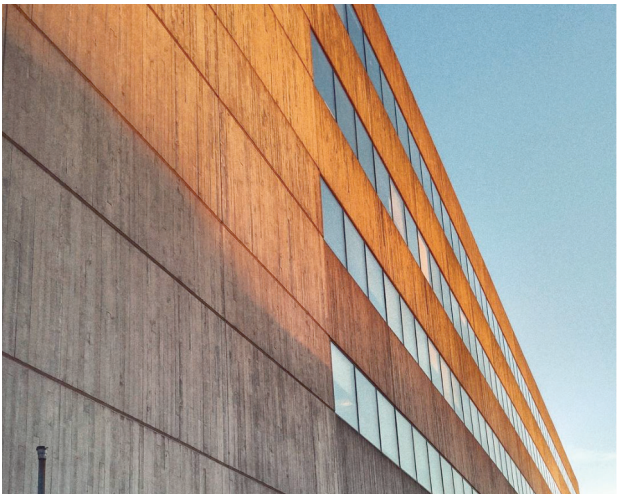


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Guest photo @Jasmeet\_s  
Students walk across Central Campus during the fall weather.



Guest photo @Jasmeet\_s  
Sunlight reflects off of the side of a building on Iowa State campus.



Guest photo @Jasmeet\_s  
The Martson Water Tower is photographed by a guest photographer.

VETERANS p1

military members in the United States.  
“It’s hard to not take offense to those things, especially since some people don’t understand what those veterans have been through, to be in their shoes and to understand what they did for this country when nobody else really stepped up to the plate and did that,” Hildebrand said.  
Hildebrand proceeded to talk about what the week’s events entailed leading up to Veterans Day on Friday.  
The ROTC has a tri-service color guard that presented the colors at the Gold Star Hall on Monday, and had a memorial service for Iowa

State students who died in combat and whose names are engraved in the Gold Star Hall in the Memorial Union.  
The ROTC also conducted tri-service runs between Air Force, Navy and Army around the ISU campus.  
“We also attended the Veterans Dinner to show our support for previous veterans,” Hildebrand said. “The last thing we do is a contracting ceremony. Those who were selected to become officers and have a contract saying, ‘I will become a future second lieutenant,’ we kind of honor that, as well as do the military appreciation night at the women’s basketball game on Friday, where we will hold up the colors.”

IRHA p3

of U4Uganda, said. “If we can get this off the ground before Thanksgiving we would love to do that, too. Might be difficult though.”  
IRHA came to the conclusion that parliament will go back to its respective residence halls and proposed U4Uganda’s suggestions to the residence halls.  
Student Government Sen. Bradlee Fair also spoke during the open forum, bringing up the recent election.  
“I can’t predict the future, nobody can,” Fair said. “For the most part, campus was pretty quiet.”  
Fair, however, cited a specific instance that hap-

pened to a female Student Government senator in which Fair said three different classmates approached the female senator and made three separate statements, two Fair said, that appropriated rape culture.  
“Nature proves that women are less than men, you don’t belong here,” Fair said the student said.  
Fair asked IRHA to “not let this be the new normal in our residence halls” and that if it hears this type of behavior to “please, shut it down.”  
“Show support for your fellow Cyclones, for your friends, for all those distressing...” Fair said, referencing the services that the Student Services building provides.

EXPECTATIONS p1

shoulder. I’m not surprised by it at all.”  
The Cyclones (0-0, 0-0 Big 12) will embark on their journey to prove those preseason projections wrong when they take on Savannah State (0-0, 0-0 MEAC) at 7 p.m. Friday at Hilton Coliseum in their season opener.  
Iowa State’s preseason expectations can also be attributed to the youth and inexperience on the roster. Forwards Merrill Holden and Darrell Bowie — both graduate transfers — haven’t played Power Five Conference basketball before. Nick Weiler-Babb, who redshirted, and freshman Donovan Jackson figure to be the first off the bench.  
Since it’s so early in the season and Iowa State is fresh off its only exhibition game of the year — a 101-57 stomping of Sioux Falls — the focus will be centered on

improving and helping those newcomers gain experience rather than the team’s preseason woes.  
“We’ve just got to get better,” coach Steve Prohm said. “I think the schedule is great for this team because we do have some youth and inexperience in some areas.”  
The real test for the Cyclones will come in a couple of weeks when they travel to Florida for the Advocare Invitational to potentially take on some Power Five Division I teams.  
As for how the new players are coming along, Prohm said his team has been improving defensively, which has been a focus of his throughout the preseason.  
He also has been getting the new players incorporated in the fast style of play.  
Prohm attributed the changes to his senior leadership that is made up of Monté Morris, Matt Thomas, Mitrou-Long and Deonte

Burton.  
“I think our seniors have been terrific,” Prohm said. “If [they] can continue that kind of leadership and we can continue to stress being good defensively ... and continue to convert quickly from defense to offense, we can get up the floor quickly and make shots.”  
Another issue for the Cyclones has been defense. The Cyclones struggled to stop other teams from scoring last season, ranking last in the Big 12 with 75 points allowed per game. Prohm has stressed time and time again the importance of defense in the success of the team in 2016-17.  
“We have to get better [on defense],” Mitrou-Long said. “Everybody knows that the Big 12 is one of, if not the best conferences in the country. If you don’t play [defense] and rebound, you’re not going to win.”  
But in order for the Cy-

clones to outperform those national expectations, it’s going to come down to the seniors continuing to step up, performing on the court and helping others improve on defense and overall.  
“[The seniors are] the identity of the offense,” Mitrou-Long said. “We have a lot of weapons, but defense is the emphasis. It’s no secret. We’ve been putting it out there, coach Prohm has put it on us for a long time. That’s the main key; we just want to continue growing.”

VIETNAM p1

“A lot of these stories are familiar,” said John Eden, sophomore in mechanical engineering. “It’s really tragic how Vietnam was and how veterans were treated.”  
Wright concluded with a call to veterans and non-veterans to listen to the stories of those who served in Vietnam or were impacted by it, and then learn from them.  
“We do this for them. We do this for history. And we

do this for those in the future who will send the young to war,” Wright said.  
Wright is also the author of “Those Who Have Borne the Battle: A History of America’s Wars and Those Who Fought Them” and led a counseling program for U.S. veterans who were wounded in combat. He is also the author of a future publication about the Vietnam War about the human face of war called “Enduring Vietnam.”

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